



# 2024 Soccer Season

Presented by: MMYSA Board of Directors



# "Kids Having Fun" Our Mission:



Organize and operate a summer youth recreational soccer program for Marinette & Menominee County children following Soccer Association for Youth (SAY) guidelines THANK YOU FOR TAKING TIME OUT OF YOUR BUSY SCHEDULE TO HELP MMYSA SUMMER SOCCER RECREATIONAL LEAGUE



# **COACHING REQUIREMENTS**

- Volunteer Form
- Coaches Code of Ethics
- Background Check Form
- Concussion Training. Required every 3 years.
- SafeSport Training. Refresher training required every year. THIS IS A FEDERAL LAW!
- Please visit mmysa.org and click on "Letter to the Coaches" to access all of the above required training. <u>ALL</u> TRAINING MUST BE COMPLETED PRIOR TO YOUR FIRST CONTACT WITH YOUR TEAM!

## **Coaches Code of Conduct**

- Every Child MUST play a minimum of half a game.
- We encourage equal play time for all players.
- Intro division, U06-U10: All players should play/learn EVERY position.
- Coaches Must abide by the SAY Times 2 Rule (2 coaches or parents present) for all games and practices.
- Any reported complaints/violations will be investigated and may result in a written warning.

# **Expectations of Coaches**

- Please read the Rule Book. They will be provided at uniform pickup.
- Know the Laws of the Game
- MMYSA rules may vary from SAY rules
- Always encourage your players, never put them down for making a mistake, use positive reinforcement.
- STRESS GOOD SPORTSMANSHIP!!



### Expectations of Coaches cont'd...

All coaches in our soccer program are required to explain the following to everyone attending their games:

It shall be against the rules of SAY Soccer for a spectator, coach or players to threaten, harass or intimidate soccer officials in any way. This includes before, during or after all games sanctioned by SAY Soccer. Failure to comply with the above rules could mean immediate expulsion from the game and field area, i.e. in sight of or in earshot of the official. Any physical contact with a soccer official could mean legal action by the soccer association.

VIOLATION	PENALTY
Entering the field of play without the referee's permission	Warning
Threatening actions or words towards officials, players, coaches, or spectators.	Ejection Terminate game if no other person present is qualified to coach the team.
Offensive Language. Incidental language not directed to anyone.	1 <sup>st</sup> offense Warning 2 <sup>nd</sup> Caution
Offensive Language. Dropping the "F-bomb".	Ejection
Intentional <b>aggressive physical contact</b> with the referee, player or other coach: grabbing the arm, turning the individual around, poking or bumping.	Ejection
Striking an official, another coach OR player	Ejection Terminate game, suspend the person from further participation in SAY activities, and report to legal authorities (police).
Harassment that is constant or excessive toward a referee, another coach or player. This includes arguing referee calls with the referee, thereby obstructing the game while in progress.	Caution.

VIOLATION	PENALTY
<b>Instructing</b> players to play in a dangerous or <i>unsporting manner</i> .	Caution
<b>Instructing</b> players to play in a dangerous or unsporting manner with the <i>intent to cause harm</i> .	Ejection. Terminate game if no other person present is qualified to coach the team.
Not remaining within their technical areas.	1 <sup>st</sup> and 2 <sup>nd</sup> time Warning 3 <sup>rd</sup> Caution
Playing an illegal player as a result of admin error	Possible game forfeiture after review by MMYSA Board.
Knowingly playing an ineligible player(s)	Ejection of player and coach, forfeiture of game. Terminate game if no other person present is qualified to coach the team.
<b>Drugs &amp; Alcohol</b> – Either under the influence of or observed using during a game.	Suspension. Terminate game if no other person present is qualified to coach the team.
Conducting practices without 2 adults present (X2 Rule Violation).	Suspension
Excessive or inappropriate physical displays of affection.	1 <sup>st</sup> time Warning 2 <sup>nd</sup> time Suspension
Failing to report <b>facility damage</b> to the League President, Vice President or Secretary within 24 hours.	Suspension
Knowingly reporting <b>false information</b> on the Coaches Volunteer Application.	Suspension, with possible Expulsion after review.

# **MMYSA Concussion Policy**

- If you suspect a player has a concussion they must be taken out of the game and or practice immediately.
- The player cannot return to the field of play on the same day under any circumstances.
- The player may not return to practice or any soccer activity until a doctor has provided a written release permitting return to play.



## MMYSA Concussion Policy cont'd..

- Athlete Concussion Agreement (completed at registration)
- Concussion Notification Form <u>Concussion Notification Form</u> (Must be filled out if a concussion has occurred)
- Concussion Return to Play Form <u>Return to Play Form</u>
  - Must be filled out prior to returning to play or practice.
- Coaches Concussion Agreement Form (completed at registration)

# What to Do with Concussion/Injury Forms

Notify Bobbie or James via email if a suspected concussion. If emergency, call 911 or have parent take the child to hospital/urgent care asap.

Once player is cleared from injury/concussion the return to play form must be completed and signed by a medical professional and given to Bobbie or James.

Bobbie - president@mmysa.org

James - mmysacoachesco@yahoo.com

# **Bay Area Trainer Time**

Concussion Video below.



https://www.youtube.com/watch?v=GfbCFuJ-\_aw&feature=youtu.be

- Concussion Baseline testing is offered for free for any athlete age 13 and older. This is optional but highly recommended.
- Baseline testing is performed by a BAMC Athletic trainer and test is valid for 2 years.

# **INJURIES**

- If an injury occurs during practice or a game and immediate medical attention is needed please call 9-1-1 or have the parents transport the injured athlete to the emergency room if it is safe to do so.
- If the athlete does not need immediate medical attention, have the coach/parent consult their physician if necessary for follow up on any injury before returning to play/practice.
- High School athletes may also consult their own school trainer.

# FREE EPI-PEN CLASS - April 12, 2023

Dillon's Law

### FREE EPI-PEN CLASS

Wed. Apr.12th, 2023

Peshtigo Library 331 French St. Peshtigo

3:30pm

Text name & # to (920) 905-3863 to sign up. Librarian Kristen Willems (715) 582-4905

Dillon's Law allows ANY trained individual to carry and administer an epinephrine auto injector (EPIPEN) without fear of liability.

#### Visit

#### EPIFORDILLY.COM

After losing their 18 yr. old son, Dillon, to an UNKNOWN bee sting allergy, George and Angel Mueller of Mishicot worked with physicians and legislators to make epinephrine (EpiPens\*) available to anyone with training. The Dillon Mueller Memorial Fund offers this 1-hour training FREE. Participants will leave knowing the signs and symptoms of an allergic reaction (anaphylaxis), how to administer WITH CONFIDENCE: an epinephrine auto injector (5 brands) and proper storage and disposal. Out of pocket cost for the generic brand 2pack auto injector using the "Good RX" coupon/app is \$113.00. This medication would have saved Dillon's life. Ten lives have been saved by trained participants. GET TRAINED, CARRY EPI, SAVE A. LIFE

"DO IT FOR DILLON"

#### DILLON MUELLER MEMORIAL FUND

# Marinette Soccer Fields

- NO Practice on HS property Wednesday, May 29th, 2024 MHS graduation.
- Back 40 Fields may not be used for practice until after 6pm in May.
- Use of JV/Varsity Soccer fields can begin at 5pm MHS has priority over fields - You can use varsity field when no games/practice is ongoing.
  Note: If there is a game on varsity field, JV field can be used but with courtesy please - no whistles.
- If any activity is taking place on the HS football field, the Back 40 Fields are off limits.



## Fields

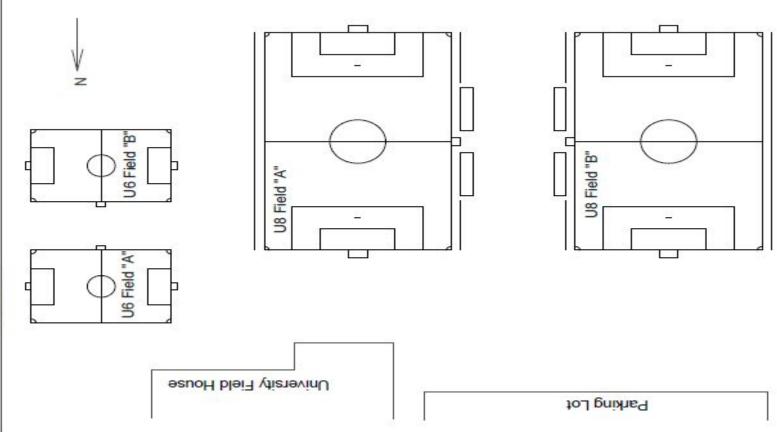
- All playing locations are currently leased for use by MMYSA.
- We are required to abide by the restrictions placed upon us through contracts.
- Understand that the following rules are in place to protect our ability to use the fields for years to come.
- Have spectators sit behind the spectator line located across from the player's bench.

(Spectators never sit on the same side as the players)

\*exception - JV Field only







# Intro Division Rules By Age Group

- Score is not kept.
- Heading the ball is not allowed in the Intro Division at all. Indirect free kick.
- No goalies at U6 or U8.
- U6 and U8 Improper throw-ins will have unlimited retakes.
- U10 Goalies are allowed unlimited time, double handling is allowed, place ball in penalty area and kick, throw-in allowed. **No** drop kicking or punting the ball.





# Build Out Area U8 and U10

#### **U8 Build Out Line Rules**

- Opponents must move outside Build-Out Area on all free kick and goal kick restarts;
- Opposing players must remain outside Build-Out Area until the ball is kicked as per SAY Playing Rule VIII;

#### **U10 Build Out Line Rules**

- Opponents must move outside Build-Out Area on all free kick and goal kick restarts;
- Opponents must move outside Build-Out Area whenever the goalkeeper gains possession of the ball;
- Opposing players must remain outside Build-Out Area until ball is kicked as per SAY Playing Rule VIII; Goalkeepers may not punt or drop-kick the ball
- Players can only be in an offside position when they are in their opponent's Build-Out Area.



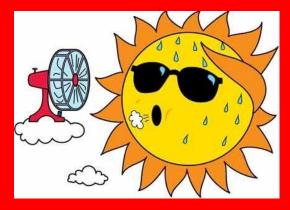
# Weather



- The presence of lightning and/or thunder require all games and practices to end. All players, coaches, and spectators will need to leave the field of play or area immediately. This is a SAY rule and we must abide by it!
- Rain does not cancel games. Field conditions may be deemed unsafe and games and practices should be canceled.
- All games played until halftime will be considered full and complete.
- Games not played until halftime will be rescheduled.

## Heat Index

- Please use extra caution when a heat index is present. Allow stoppage breaks for hydration. Bring kids to shady area.
- Temperatures below 80 degrees games will not be shortened.
- 80-85 degrees with heat index at the discretion of the board and/or Chief Referee on the field.
- 85 degrees games will be shortened.



### **Games and Practices**

- Practices may begin May 1, 2024. NO EXCEPTIONS!!
- Please let parents know the **location** of games and where they are to sit.
- Please let parents know that they are responsible for communicating rules to spectators they invite to watch games. I.e. NO Smoking/Vaping/Alcohol use, Parking is not allowed down the driveway on the Back 40 Fields at Marinette High School.
- Rescheduling of games/locations will be at the discretion of the board and may take place on any day of the week including Fridays, Saturdays, Sundays.

# Uniforms

- Jersey, Shorts (recommend black and appropriate length), Uniform Socks, Shoes or Soccer Cleats (not metal - baseball/softball cleats are not allowed, cannot have a toe cleat)
- Shin guards are to be covered by the sock Law IV. This includes an ankle guard if present.
- MMYSA will provide pinnies for goalies to wear during games. Goalie gloves will need to be provided by the coaches.
- Jewelry is not allowed this includes earrings. Covering earrings with bandaids is not allowed.

# **Flow of Information**

- Player/Parent----->Coach----->Age Division Representative-----> Intro/Central Division Representative-----> Appropriate Board Member
- Any issues regarding Referees must be submitted in an email to the Chief Referee and President.
- Any issues regarding anything else, must be submitted in an email to the appropriate person above immediately following game. Please do not wait until the end of season.
- ONLY Emergencies (player injury) will a text message or phone call be allowed.

## **Players Code of Conduct**

• This is included in your packet. Please have players U10 and up sign the form that they agree to follow the MMYSA Players Code of Conduct.

• Please read and make sure players comply with the Code of Conduct

• Remind them that soccer is a game and we are here to have fun!!

# **Coaches Clinic & Uniform Pickup Information**

- Coaches Clinic: Sunday, April 14th Intro 1:00 1:45pm; Central 2:00-2:45pm
- Uniform Pickup: Sunday, April 28th Noon 3:00pm
- Location: High School Soccer Field Weather Permitting
- Please plan on attending the coaches clinic and bring your kids (not team) to participate and run drills with the high school soccer coaches.



# Schedules

- Game Schedules will be provided once finalized.
- Tournament Schedule will be provided once finalized. Tournament will be held on July, 26th, 27th, 28th (U12, U15, U19)
- Picture Schedule: May 20th 23rd, location TBD; Scrimmage will follow pictures. Schedules will be provided and emailed when complete.

# **Team Rosters**

- Only the **approved** coach and assistant coach may view team roster/medical information list.
- All items are confidential and may not be shared with anyone.
- This information may not be copied or handed out.
- Phone numbers/Email **may not** be shared with anyone.
- Parents may exchange phone numbers/email with each other.

### **ITEMS IN YOUR FOLDER**

- Concussion Notification/Return to Play
- Board List/Coaches Clinic
- Players Code of Conduct/agreement
- Coach's Responsibilities/MMYSA Rules
- Picture Schedule handout with uniforms & email
- Rule Clarification/Rules by Age Group
- Names on Jerseys forms



\*Feel free to take jersey's to whatever place you prefer to get names on them, keep in mind pictures are May 22-25.

# Coaches Q & A

1. Where to hold a practice? Practices can be held on any of MMYSA soccer fields. Back forty fields may not be used until 6pm in **May**. Use a park or open field. If using soccer fields and more than one team is there please be courteous and use half the field so the other team can practice with the goal. Practice with other teams – scrimmage is a great way to help build team connectivity and learn good sportsmanship.

2. How long should practice be?

**U6** – 30 min. (1-2 week) **U10** 45-60 min (2/week) **U8** – 35-45 min. (2/week) **U12**, **U15**, **U19** – 45 min-90min (2/week)

#### 3. When and how often to hold a practice?

As a volunteer coach this is on your time, so schedule practices as you see fit for you and your team. Practices do not have to be the same day of the week as your game schedule. The goal is 2 practices a week during May 1<sub>st</sub> – May 31<sub>st</sub> into June; if you want to hold a practice after games begin feel free to do so. Times can vary – during the week earliest start a practice should be 4:30/5pm and weekends are optional.

4. What Size Ball is needed: U6 & U8 = size 3; U10 & U12 = size 4; U15 & U19 = Size 5

\*\*More times you get together the better you and the players can connect.

\*\* If grass cutting, striping or setting up nets are in progress, be courteous as to not practice in that area.

# Helping develop positive growth in the community!

We would like to thank you for taking the time to volunteer coaching our youth this summer. Coaching has such an impact on a child's life that can help them grow both on and off the field. Together it takes all of us to help our young ones grow and develop not only soccer skills but personal skills they can use in any part of their lives. Today, tomorrow and their future, youth can learn socialization/adaptation, coping mechanisms, and sportsmanship while building friendships on and off the field.

Thanks to all of you!!



# Additional Coaching Guidelines - Click Links Below

### **Central Division**

http://mmysa.org/wp-content/uploads/2023/03/04-24-22-Central-Division-Agenda.pdf

http://mmysa.org/wp-content/uploads/2023/03/05-01-22-Central-Division-U12-U15-U19.pdf

Intro Division

http://mmysa.org/wp-content/uploads/2023/03/04-24-22-Intro-Division-Agenda.pdf

http://mmysa.org/wp-content/uploads/2023/03/05-01-22-Intro-Division-U6-U8-U10.pdf



### We Are Looking Forward to a Great 2024 Season!!

# "Kids Having Fun"

https://www.saysoccer.org/Default.aspx?tabid=778397 - Soccer Drills by Neil Bradford





