

2025 MMYSA TOURNAMENT RULES

1. Each team will play 2 games each between Friday & Saturday.
2. Seedings are based on regular season standings. The #1 and #2 seeds in each division will play against each other on Saturday.
3. The top 2 teams in each division after Saturday will play for 1st and 2nd place on Sunday.
4. The next 2 teams in each division after Saturday will play for 3rd place on Sunday.
5. If any game on Sunday ends in a tie there will be a shootout to determine the winner (see shootout rules below).
6. All games will consist of (4) 12min qtrs, 2 min between qtrs, 4min halftime.
7. All teams must check in at the check in table 15min before gametime for equipment check.
8. All teams must leave the field immediately after the game so the next game can start on time.
9. Yellow cards carry over from game to game. Two yellows equal a red and the player will be ejected from that game and the next game.
10. If a player receives a yellow card they must exit the game for a min of 3 min.
11. Subs are not allowed on a red card and the team must play down a player.
12. Every player must play a minimum of 50% per SAY rules, NO EXCEPTIONS!
13. If a team is forced to play down due to a lack of players, their opponent must also play down.
14. Only active players on the roster are allowed to play during the tournament.
15. A player must have played a minimum of 2 regular season games to be eligible to play.
16. All other regular season rules apply during the tournament.

Shootout Rules

1. A goalie must be assigned per team prior to the shootout and the goalie is not allowed to attempt a shot.
2. Each team will be allowed 5 shots by 5 different players (at least 1 girl per team) and each team will alternate.
3. A coin flip (or rock, paper, scissors) will determine which team shoots first.
4. All players & coaches except for the shooter and goalie must remain on the sidelines or behind midfield.
5. Opposing players are not allowed to distract the shooter. If they do a re-take will be issued.

Tie Breakers

1. Head to head (tournament)
2. Fewest goals allowed (tournament)
3. Goal Differential (tournament)
4. Goals Scored (tournament)
5. Fewest goals allowed (reg season)
6. Goal Differential (reg season)
7. Goals Scored (reg season)
8. Regular season wins

Point System

Win = 6pts

Tie = 3pts

Loss = 0pts

Goal = 1pt up to 3pts max

Shutout = 1pt